



Advanced Neurolanguage Coaching® Certification

September-November 2025

Session	Topics
Session 1 10th September 09.00-12.00 CET/Spain time	Updates of the brain • The learning brain • More about the limbic system • Childhood trauma and learning trauma/negative beliefs • Brain chemistry • Revisiting Motivation Practice coaching the coachee around learning scenarios: • Negative mindset regarding learning • Fear to speak language • Bad memories from school • Unmotivated learner • Age is a problem for learning!
Session 2 12th September 09.00-12.00 CET/Spain time	Coaching agreement and contract in depth • Setting out a coaching agreement • Presenting the agreement to the coachee • ICF Ethics and competences - explaining these to the coachee Advanced Fundamentals of coaching • Deepening Active Listening The seven levels of listening Coaching practice for deeper listening • Non verbal communication Reading body language and gesture as a coach • Powerful questions – going deeper Coaching practise for more powerful questions
Session 3 3rd October 09.00-12.00 CET/Spain time	Advanced Fundamentals of coaching • Enhancing empathy- the empathetic coach • Practicing for empathy • Effective acknowledgement and feedback • Practicing for effective feedback Introducing Neurolanguage Coaching toolkit and coaching learning techniques • Strengthening coaching techniques • Building confidence and coaching to tap into confidence • Introducing useful Tools/models from coaching ○ Johari Window ○ Coaching practice with the Johari window

Session	Topics
	○ Swot analysis ○ Finest moment ○ Coaching practise with Finest moment ○ What if? ○ Coaching practice with what if? ○ Fork in the road ○ Coaching practice with Fork in the road ○ Coaching models GROW, PRACTICE, CREATE and FEELING ○ Coaching practice with the models ○ Introducing SMART goals ○ Coaching practice around SMART ○ Boyatzis Model of Intentional Change ○ ICEBERG model to assess hidden emotions ○ Gagne's Nine Levels of Learning ○ Neurolanguage coaching models ▪ the 3Ms (Motivation, Mechanical, Mastery) ▪ the 5cs (Concrete requirements, Clear Goals, Coaching conversation, Connecting the brain, Completion) ▪ PACT PQC
Session 4 10th October 09.00-12.00 CET/Spain time	● Action priority matrix – coaching to find the coachee's priority actions Assessing the learning impact through coaching conversations and measuring the learning subjectively ○ Assess Learning Impact – coaching to discover the learning about the material and about oneself and the impact this has on the process, potential changes this could imply/highlight ○ Using the FEELING model to assess and review ○ Using a Goal review conversation and measuring the learning/progress ● Create your own CEF ○ What is the Central European Framework for languages? ○ Coaching Conversations to find the language level ○ Coaching conversation for the coachee to assess own language level ● Pulse Check ○ Powerful questions to assess status quo ○ Powerful questions to assess emotions of coachee ○ Powerful questions to assess motivation

Session

Topics

Session 5 17th October 09.00-12.00 CET/Spain time	Practice Pulse check coaching Case Study Judy - live coaching – building up the process step by step • Suggested plan • Breakdown of topics • Delivering Ongoing NLC sessions • Initial session • Goal setting framework • Breaking down goals • Effective actions • Problem resolution • Discovering learning styles and limbic blocks • Establishing realistic time and commitment • Managing progress and accountability Case Study Judy – ongoing sessions • Delivering grammar through coaching conversations PACT PQC • Delivering mastery goals • Coaching in a Review session and setting next goals • Measuring success through coaching conversations
Session 6 20th October 09.00-12.00 CET/Spain time	Team Coaching Team coaching in general - What is team coaching Role of the coach when coaching teams How to develop social empathy/trust within the team Coaching to discover roles in a team Team goal setting Team action setting Coaching around team rules Managing progress and accountability of a team Group Neurolanguage Coaching – what can we transport from Team coaching into Language Coaching • How to coach language learning groups? • SCARF issues and coaching around these in groups • Group language goal setting • Group language action setting • Individual goal setting in a group • Managing progress and accountability
Session 7 31st October 09.00-12.00 CET/Spain time	Group Language Coaching - Case Study Group X Live coaching Practice – complete session • Conducting initial coaching session with the group • Coaching around togetherness • Coaching around establishing group rules • Mechanical goal setting • Mastery goal setting • Setting group actions • Planning, structure and delivery • Managing accountability and progress • Review session for group



Session	Topics
	Troubleshooting in Coaching • Difficult and focused topics (eg aviation) • Specialised issues (ie pronunciation) • What to do with advanced learners? • Language Coaching for beginners • Language coaching for children • Executive Language Coaching
Session 8 4th November 09.00-12.00 CET/Spain time	Learning Tips • Advising coachees how to learn • Learning styles revisited • Effective brain exercises • Systematic/progressive • Mindmapping • Learning strategie • Technology in the learning process