

# A transition to Language Coach

Interview with Catherine Guiloff, Language Teacher, Chile



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## **Can you describe your professional career before taking the language coaching certification (LCC)?**

Before taking the language coaching certification, my teaching practice aimed to achieve goals set by with my private students. Many times, classes were planned quickly and without considering the student interests and real needs.

## **How did you find the course?**

The LCC provided me a neuroscience frame to support my practice, hand in hand with the ICF coaching principles and the 3MS. These elements place the coachee in the center of the learning process leading and owning his/her own learning goals.

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## **Which highlights or insights did you gain from the LCC?**

LCC inspired me to become a better mediator between the coachees needs and their future outcomes by inquiring, asking permission and listening actively.

## **What was the immediate impact on your way of teaching after taking the course?**

Listening deeply and asking the clients' permission to clarify, understand or ask something I considered important for the learning process have changed the way I interact with them.

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*"I can tell that as they own the mechanical and mastery goals their motivation and commitment levels increased."*

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### **Were there any impacts on your personal life during or after the course?**

*The active listening also has a great impact in the way I interact with my 3 children and husband reducing the stress when children fight with each other.*

### **How would you describe your professional development after the course?**

*At this point I accepted an offer to lead 14 schools as the English coordinator of those schools' English heads of department planning clear actions to help students to acquire English as a second language. On the other hand, I have a new client that wants to develop fluency in English.*

### **How has the course changed the way you deliver a language course?**

*Active listening, 3MS, an action plan with clear measurable objectives and time focused, together with ICF coaching principles like confidentiality, are fundamental for me now, and must be included in my practice.*

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*"I look forward to the advanced course soon."*

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### **Were there any impacts on your learners?**

*It is too soon to say something, but I can tell that as they own the mechanical and mastery goals their motivation and commitment levels increased.*

### **Is there any additional information that you would like to add?**

*I loved the way Francisca and Macarena delivered the course, they were very professional and at the same time approachable. I look forward to the advanced course soon.*

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