



A transition to Language Coach

Interview with Fátima Roussado, Portuguese as a Foreign Language teacher, Portugal

“LCC was a fantastic and enriching experience. It was a breath of fresh air”

Can you describe your professional career before taking the language coaching certification (LCC)?

I started teaching Portuguese as a Foreign Language in 2002, when I had the chance to work in East-Timor, both with young and adult learners. I returned to Lisbon in 2004 and, since then, I have collaborated with private Language Institutes and Universities, where I worked mostly with clients from international companies and the ERASMUS Programme. I'm currently an independent PFL coach with my own clients.

How did you find the course?

Taking the LCC was a fantastic and enriching experience. It was a breath of fresh air.

“My coachees feel both liberated and committed. Also, I feel that they are truly aware of where they are right now in the learning process

Which highlights or insights did you gain from the LCC?

The more relevant, important and specific a goal is to your client, the more he/she will work with you to achieve it.

What was the immediate impact on your way of teaching after taking the course?

I would definitely highlight the importance of not interrupting our clients to correct or assist them with vocabulary. Also, allowing the Translanguaging was extremely important to build their confidence.

Were there any impacts on your personal life during or after the course?

I've been actually trying to ask for permission whenever I want to ask or suggest something.



“Hearing my clients say “I want to know more about this” is brilliant!”

How would you describe your professional development after the course?

I would say that my professional development is mostly connected to adapt myself even more to my client’s needs, allowing the sessions to have a much looser structure.

How has the course changed the way you deliver a language course?

Thank you, Rachel, for the Brain Friendly Grammar Conversations. This is such an important tool when delivering, for instance, the Subjunctive in Portuguese. Hearing my clients say “I want to know more about this” is brilliant!

How would you describe the impact you are now having as a language coach on your learners?

I’ve been using the language coaching method since January 2018 and my coachees feel both liberated and committed. Also, I feel that they are truly aware of where they are right now in the learning process.

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