

# A transition to Language Coach

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*“The LCC program is inspiring, motivating and an enriching experience”*

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## **Can you describe your professional career before taking the language coaching certification (LCC)?**

*I am a professional qualified Spanish&Catalan Language Trainer. I've been teaching these two languages to business professionals for the past fifteen years either online or on-site both at my office and InCompany. I developed my own style of delivering classes through Blended Learning, conversations, dialogues, but I was also eager to go further into the learning process and engage my clients into focused learning and sustain their goals with a high success rate. I'm currently an independent Neurolanguage Coach with my own clients.*

## **How did you find the course?**

*The LCC program is inspiring, motivating and an enriching experience. It has given me the opportunity to merge my soft skills together with some new fresh approaches of Coaching and Neuroscience targeted to language learning. The result: powerful language sessions targeted to my learners' language goals.*

*Thank you, Rachel for sharing all this knowledge with us and for being such a lively and enthusiastic mentor. It has been a pleasure to learn from you!*

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*“The LLC gave me an opportunity to learn more about brain-friendly-based learning”*

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## **Which highlights or insights did you gain from the LCC?**

*The LLC gave me an opportunity to learn more about brain-friendly-based learning, using or comparing the mother tongue during some parts of the learning process and to realise that my learners learn faster when they feel responsible for setting and achieving their own Mechanical and Mastery Goals. It is the coachee the one who is and should always be the centre of the learning process. Last, but not least, empathy and compassion are also two vital topics when dealing with my learners so they can accomplish the best version of themselves.*

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*“My approach towards my learners became more focused, peaceful and powerful at the same time”*

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*“The course has provided me with tools that bring in a lot of structure and clarity to the entire learning process”*

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### **What was the immediate impact on your way of teaching after taking the course?**

*Already during the course I started putting into practice what I was learning in every session. My approach towards my learners became more focused, peaceful and powerful at the same time. I became their soundboard and helped them to reach their language goals in their full potential, whilst they took the complete leadership of their learning process. They could do that because of my “brain friendly” approach as well as my powerful coaching questions. With these two tools I could check that my learners’ goals were specific and reached. Moreover, my learners started having full autonomy whilst working in a very well structured professional manner.*

### **Were there any impacts on your personal life during or after the course?**

*There are many tools we learnt which helped me to understand my clients’ behaviour and made me even more empowered in myself and more understanding and emphatic in general. Some of these tools are: unlock blocking and fearful situations, social pain, active listening, open-ended questions, empathy... All these were extremely useful and I could implement this knowledge immediately both in myself and in my relationship with family and friends.*

### **How would you describe your professional development after the course?**

*The program provided me with tools that bring in a lot of structure and clarity to the entire learning process. I feel my profile is much richer now and I am deepening my knowledge both into Coaching and Brain-Friendly Learning. Moreover, being a fully qualified Neurolanguage Coach accredited by the International Coaching Federation gives me an added value as a professional.*

### **How has the course changed the way you deliver a language course?**

*The concept of chunking down and then building up again the Language Goals is a revelation to me and strangely enough it has strengthened the structure and focus of my language sessions. I also approach to my learners in a less directive style and I let them be in charge of their own learning process and make sure to take into account their motivation, learning styles and learning goals. They are the centre of their learning universe and I just guide them through their personal language learning path. It is a very effective, efficient and professional approach to language development.*

***How would you describe the impact you are now having as a language coach on your learners?***

*My learners feel responsible and proud of their language learning process. They are proactive, independent and feel respected for their motivation, goals, class preparation, our sessions and consolidation work after class. They are calm, motivated, attentive and eager to learn, improve and advance. They really want to come to class, no matter how busy their schedules are.*

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*“My learners feel responsible and proud of their language learning process”*

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***Is there any additional information that you would like to add?***

*I am very grateful to Rachel Paling for sharing her knowledge with all of us. The program has marked a before and an after in my profile and daily working life. Every language trainer should do this course.*

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